

Menus for September 2024



Henry County High Schools

This institution is an equal opportunity provider.
Menus are subject to change.

Available Daily

Breakfast (in blue):

- Assorted Cereal
- Fresh Apples & Oranges
- 100% Fruit Juice
- Choice of Low Fat Milk

Lunch:

- Fresh Apples & Oranges
- Stuffed Crust Pizza
- Chicken Wrap
- Choice of Low Fat Milk

*Pork products listed in pink.



Featured Specials of the Day

Monday, September 2

★ LABOR DAY ★

Tuesday, September 3

Mini Cinni Bagel, WG Muffin w/ Yogurt,

1. Cheeseburger, 2. Deli Turkey Sandwich, 3. Garden Salad w/ Chicken, Seasoned Fries, Lettuce & Tomatoes, Mandarin Oranges

Wednesday, September 4

Sausage Biscuit, Breakfast Frudel

1. Chicken Nuggets w/ Roll, 2. PBJ/Wow Sandwich w/ Chips
3. Grilled Cheese Sandwich, Steamed Broccoli, Mashed Potatoes, Fresh Apple

Thursday, September 5

Blueberry Pancake Stick, WG Muffin w/ Yogurt,

1. Orange Chicken & Rice, 2. PBJ/Wow Sandwich w/ Chips, Sweet Peas, Carrot Sticks w/ Ranch, Frozen Juice Cup

Friday, September 6

Chicken Biscuit, Frosted Breakfast Pastry

1. Stuffed Crust Pizza, 2. PBJ/Wow Sandwich w/ Chips,
3. Hot Dog, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice

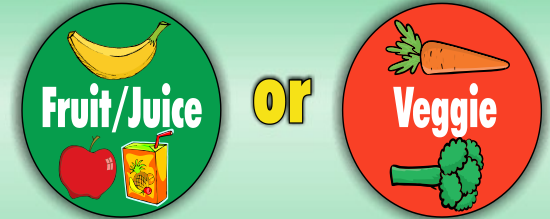
APPLY ONLINE NOW
FOR FREE OR REDUCED PRICE
SCHOOL MEALS!



For instructions visit:
www.henry.k12.ga.us/Page/110494

DON'T GET!

To make a lunch,
choose at least one



and 3-5
items
total

HENRY COUNTY SCHOOLS

2024-2025: School Meal Prices	School Breakfast	School Lunch
Students Grades K-5	\$1.40	\$2.65
Students Grades 6-12	\$1.40	\$2.75
Student Reduced-Priced Meals	\$0.30	\$0.40
Student Second Meals	\$2.50	\$4.00
MILK ONLY	\$0.50	\$0.50
Adult Meals	\$2.50	\$4.00

LINQ Connect

Online School Meal Payment Portal: Linqconnect.com

Featured Specials of the Day

Monday, September 9

Sausage Biscuit, Chicken Biscuit,

1. Crisпитos
2. PBJ/Wow Sandwich w/ Chips,
3. MaxSnax Tacos, Salsa, Black Beans, Carrot Sticks w/ Ranch, Applesauce

Tuesday, September 10

Strawberry Mini Pancakes, WG Muffin w/ Yogurt

1. Spicy Chicken Sandwich,
2. Deli Turkey Sandwich
3. Garden Salad w/ Chicken, Potato Tots, Garden Salad w/ Ranch, Banana

Wednesday, September 11

Sausage Biscuit, Mini Bagel w/ Cream Cheese

1. Popcorn Chicken w/ Roll,
2. PBJ/Wow Sandwich w/ Chips
3. Ravioli w/ Roll, Steamed Broccoli, Mashed Potatoes, Local Granny Smith Apple

Thursday, September 12

WG Muffin w/ Yogurt, Breakfast Pizza

1. Beefy Nachos w/ Salsa
2. PBJ/Wow Sandwich w/ Chips, Pinto Beans, Carrot Sticks w/ Ranch, Frozen Juice Cup

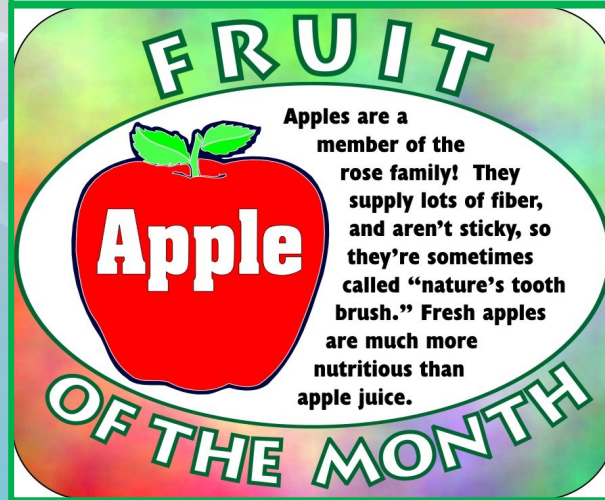
Friday, September 13

Chicken Biscuit, Frosted Breakfast Pastry

1. Stuffed Crust Pizza,
2. PBJ/Wow Sandwich w/ Chips,
3. Corn Dog, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice, Chocolate Chip Cookie

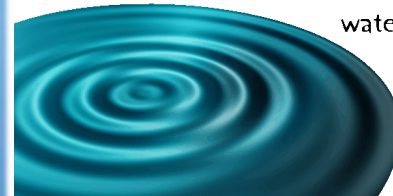
Please see other page
for items available daily

LOCAL HARVEST OF THE MONTH



RIPPLE EFFECT.

Water aids digestion, keeps your skin and other organs healthy, and helps regulate your body temperature. So what's the best way to give your body the water it needs? Easy. Drink fresh, pure water throughout the day, and try to make a habit of choosing water instead of soda.



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!



Featured Specials of the Day

Monday, September 23

Sausage Biscuit, Chicken Biscuit,

1. Chicken Sandwich,
2. Mini Corn Dogs, Sweet Potato Fries, Baked Beans, Pineapple Tidbits

Tuesday, September 24

Croissant Turkey Ham & Cheese, Breakfast Bun

1. Cheeseburger,
2. Deli Turkey Sandwich, Seasoned Fries, Lettuce & Tomatoes, Sliced Peaches

Wednesday, September 25

Sausage Biscuit, Mini Bagel w/ Cream Cheese

1. Teriyaki Beef Strips w/ Roll,
2. PBJ/Wow Sandwich w/ Chips
3. Chicken Nuggets w/ Roll, Steamed Broccoli, Mashed Potatoes, Fresh Apple

Thursday, September 26

Blueberry Mini Pancakes, WG Muffin w/ Yogurt

1. Chicken w/ Mac & Cheese
2. PBJ/Wow Sandwich w/ Chips
- Carrot Sticks w/ Ranch, Green Beans, Frozen Juice Cup

Friday, September 27

Chicken Biscuit, Frosted Breakfast Pastry

1. Lemon Pepper Chicken Wings w/ Roll
2. PBJ/Wow Sandwich w/ Chips,
3. Stuffed Crust Pizza, Whole Kernel Corn, Celery Sticks w/ Ranch, 100% Fruit Juice

Monday, September 30

Sausage Biscuit, Chicken Biscuit,

1. Crisпитos
2. PBJ/Wow Sandwich w/ Chips,
3. MaxSnax Tacos, Salsa, Black Beans, Carrot Sticks w/ Ranch, Sliced Pears, Birthday Treat-Ice Cream Cup